

APRIL 6 TO 12, 2020

WORKING FROM HOME WITH CHILDREN



SOME HELPFUL ACTIVITY IDEAS, TIPS AND LINKS TO HELP KEEP YOUR CHILDREN BUSY WHILE WORKING FROM HOME



Pasta Play

www.messylittlemonster.com



Laundry Hamper Fishing

www.playteachrepeat.com



Laundry Hamper Fishing

www.playteachrepeat.com



Air Hardening Modeling Clay

<https://www.homeschooling-ideas.com>

2 cups baking soda

**1 cup cornstarch
(cornflour)**

1.5 cups cold water

Place ingredients in a pan and stir until smooth. Set the pan over a medium heat and stir until boiling. Stir out any lumps and cook until it is the consistency of mashed potatoes. Turn out onto a plate and cover with a damp, well-wrung kitchen towel - let cool. Dust a work surface with cornstarch and knead until pliable.

When you have made your model, leave it to air dry - turning every 12 hours or so.

SIMON SAYS FITNESS DISGUISED AS FUN

Get your kids moving by playing Simon Says with these fun yet physical activities. You decide when or if you say "Simon Says"!

| | | |
|---|---|--|
| Shake your whole body. Jump up and down. | Hold your arms out at your side and make circles with them in the air. Hop on your left foot 10 times. | Reach behind you and try and hold your left foot with your right hand without falling over. Lay on the floor and stretch out as far you can for 10 a count of 10. |
| Spin around in circles. Do a cartwheel. | Hop on your right foot 10 times. | Pretend to shoot a basketball 10 times. Pretend to jump rope for a count of 10. |
| Do a somersault. | Hop around like a bunny. | Pretend to ride a horse. Pretend to milk a cow. |
| Wave your arms above your head. | Balance on your left foot for a count of 10. | Take 5 of the biggest steps forward that you can. Pretend to lift a car. |
| Walk like a bear on all 4s. Walk like a crab. | Balance on your right foot for a count of 10. | Do the strangest dance you can think of. |
| Hop like a frog. Walk on your knees. | Bend down and touch your toes 10 times. | Scream. |
| Lay on your back & pedal your legs in the air like you are on a bike. | Reach behind you and try and hold your right foot with your left hand without falling over. | |
| Pretend to sit in an invisible chair 5 times - sit then stand, sit then stand, etc. | Show off the muscles in your arms. | |



WWW.THEYSMELL.COM



AGINDAASOWINAN "NUMBERS"

- Bezhiq (beh-zhik)
- Niizh (Neesh)
- Nswi (Nis-wih)
- Niiwin (Nee-win)
- Naanan (Naw-nun)
- Ningodwaaswi (Nin-god-waw-swih)
- Niizhwaaswi (Nee-shwah-swih)
- Nishwaaswi (Nish-waw-swih)
- Zhaangaswi (Zhawn-guh-swih)
- Midaaswi (Mih-daw-swih)



Self Isolation

BACKYARD SCAVENGER HUNT

- Aniibiishibag (leaf)
- Asin (rock)
- Mitigoons (stick)
- Mashkosiw (grass)
- Giizis (sun/moon)
- Goon (snow)
- Odaaban (car/vehicle)
- Bineshiin (bird)
- Mangaanibaajigan (shovel)
- Bikwaakwad (ball)



Child and Family Centre

Urban Indigenous EarlyON

Information is frequently shared through their Facebook page to continue family engagement during this time of social distancing.

Visit their Facebook Page!